

Risk Assessment Form for Triathlon Coaches

Venue:	Bletchington BAR (Bike And Run) Training Event	Location of First-aid kit:	With timekeeper
Address:	Start and finish area at: The Green, Bletchington, nr Kidlington, Oxon	Stocked and maintained:	✓ Yes <input type="checkbox"/> No
Group:	Oxford Triathletes	Location of first-aider:	Within athlete group
Date:	Tuesday's fortnightly throughout 'light' summer months, 5/5/09 to 1/9/09	Location of telephone	Mobile with timekeeper
Time:	7 - 8.30 pm	Location of toilets:	None available
	Number: 35 maximum	Location of changing rooms:	None available
Participants:	Age: Age groupers	Venue Contact:	Oxford Tri BAR co-ordinator
	Ability: Mixed	Name:	Sue Turner
Lead Coach Name:	Phil Richards (Club Coach) though these events are uncoached	Number:	Via club website email
Venue documents read and understood (please ✓ appropriate box):	Normal Operating Procedures: n/a <input type="checkbox"/> Yes <input type="checkbox"/> No	Additional Notes: BAR events are for members only Timekeeper to wear high viz jacket (also recommend a whistle) Timekeeper to oversee use of 'Caution' signs around the course	Hold Safety briefing to advise athletes of any local issues such as adverse conditions, poor surfaces etc. Safety briefing to stress safety of all athletes and other road users is a priority. Supervisor to take in Membership cards complete with Emergency Contact numbers at each session. Also has Accident Form
	Health and Safety Policy: n/a <input type="checkbox"/> Yes <input type="checkbox"/> No		
	Emergency Action Plan (EAP): ✓ Yes <input type="checkbox"/> No		

Name of person conducting risk assessment:	Signed:	Date:
Phil Richards (Oxford Tri Club Coach)		17 April 2009

Note: Person conducting risk assessment must sign and date the bottom of both forms.

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Description of Hazard:	Level of risk (high/medium/low):	Those at risk:	Action(s) to alleviate risk:	Date reviewed/alleviated:
Road surfaces are generally good in dry weather. In wet weather puddles can form at some corners	Medium	Athletes and other road users	Supervisor to advise caution at safety briefing. Beware loose gravel and debris after heavy rain	
Roads are public highways and generally quiet. B4027 is busiest but visibility is good.	Medium	Athletes and other road users	Athletes to be briefed to ride appropriately according to the conditions. 'Caution' signs to be clearly visible. All cyclists to use a clearly visible rear light	
Parked cars are inevitable at some parts of the course, some on a left hand bend	Medium	Athletes	Athletes to be briefed to exercise caution at all times	
All turns on cycle course are left except for the first one from the Green.	Medium	Athletes and other road users	Athletes briefed to exercise caution above all. Cyclists going wide across white lines will be subject to disqualification	
Run route is multi terrain and athletes may encounter local dog walkers etc	Low	Athletes and other path users	Athletes to be briefed to give space to local residents and path users, and advised that part of course is off road, and to take particular care on potentially hazardous New Road corner	
Transition area can get busy and cluttered, partially obstructing the thoroughfare	Medium	Athletes and other road users	Athletes to be briefed to keep area clear, with all kit and equipment safely at the side	

