Rang	Name	No	H	H'cap	R1in	R1	P1	Bin	B	P2	Fin	R2	P3	Total	Pos	Name
1	Mark Rickinson	x	x	24:00	28:55	4:55	1	58:04	29:09	1	77:20	19:16	1	53:20	1	Mark Rickinson
2	Jared Spier	x	x	26:00	31:17	5:17	6	61:18	30:01	2	81:26	20:08	5	55:26	2	Jared Spier
3	Adrian Pugh	x	x	22:00	27:20	5:20	7	60:00	32:40	6	79:46	19:46	2	57:46	3	Adrian Pugh
4	Abbie Clare	x	x	20:00	25:46	5:46	12	58:24	32:38	5	78:23	19:59	4	58:23	4	Abbie Clare
5	Hanno Nickau	x	x	23:00	28:58	5:58	14	59:50	30:52	4	81:32	21:42	13	58:32	5	Hanno Nickau
6	Tim Doole	x	x	19:00	24:02	5:02	2	57:40	33:38	7	78:20	20:40	7	59:20	6	Tim Doole
7	Julian Hehir	x	x	17:00	22:02	5:02	3	56:45	34:43	10	76:36	19:51	3	59:36	7	Julian Hehir
8	Mark Herd	x	x	17:30	23:30	6:00	17	57:38	34:08	8	78:34	20:56	9	61:04	8	Mark Herd
9	Jerry Greatorex	x	x	25:00	30:11	5:11	4	60:37	30:26	3	86:15	25:38	26	61:15	9	Jerry Greatorex
10	Peter Cartlidge	x	x	15:30	21:00	5:30	9	56:35	35:35	13	76:56	20:21	6	61:26	10	Peter Cartlidge
11	Andre Blincowe	x	x	16:00	21:37	5:37	11	57:00	35:23	12	78:29	21:29	12	62:29	11	Andre Blincowe
12	Stuart McLeish	x	x	21:00	27:00	6:00	15	63:08	36:08	15	84:03	20:55	8	63:03	12	Stuart McLeish
13	James Messer	x	x	13:30	19:04	5:34	10	55:55	36:51	17	77:00	21:05	11	63:30	13	James Messer
14	Steph Page	x	x	14:00	19:48	5:48	13	57:00	37:12	19	77:59	20:59	10	63:59	14	Steph Page
15	Tom Blincowe	x	x	13:00	18:12	5:12	5	56:05	37:53	22	77:56	21:51	14	64:56	15	Tom Blincowe
16	Martin Pether	x	x	12:00	18:21	6:21	21	53:20	34:59	11	78:54	25:34	24	66:54	16	Martin Pether
17	Emma McDermott	x	x	13:30	19:56	6:26	24	56:01	36:05	14	80:49	24:48	21	67:19	17	Emma McDermott
18	Tim Harrison	x	x	18:00	24:00	6:00	15	61:09	37:09	18	85:33	24:24	18	67:33	18	Tim Harrison
18	Malcolm Bradbrook	x	x	15:00	21:08	6:08	19				82:33			67:33	18	Malcolm Bradbrook
20	Bernard Calnan	x	x	10:00	16:46	6:46	28	55:25	38:39	24	78:38	23:13	17	68:38	20	Bernard Calnan
21	Al Bell	x	x	7:00	13:08	6:08	20	52:59	39:51	26	76:09	23:10	16	69:09	21	Al Bell
22	Paul Wolf	x	x	8:00	15:04	7:04	31	52:38	37:34	21	77:12	24:34	20	69:12	22	Paul Wolf
23	Craig Mitchell	x	x	5:00	11:21	6:21	21	47:34	36:13	16	74:20	26:46	30	69:20	23	Craig Mitchell
24	Nick Twist	x	x	9:00	15:36	6:36	25	52:55	37:19	20	78:30	25:35	25	69:30	24	Nick Twist
25	Katja Hartwich	x	x	1:00	7:37	6:37	27	48:00	40:23	29	71:01	23:01	15	70:01	25	Katja Hartwich
26	Clare Nunneley	x	x	5:00	11:21	6:21	21	50:31	39:10	25	75:50	25:19	22	70:50	26	Clare Nunneley
27	Marie Rout	x	x	5:00	11:36	6:36	25	49:34	37:58	23	76:00	26:26	28	71:00	27	Marie Rout
28	Helen Knowles	x	x	10:00	16:57	6:57	30	56:57	40:00	27	81:27	24:30	19	71:27	28	Helen Knowles
29	Nicola West	x	x	6:00	12:02	6:02	18	54:40	42:38	31	80:10	25:30	23	74:10	29	Nicola West
30	Victoria Pearson	x	x	3:00	10:40	7:40	33	50:41	40:01	28	77:24	26:43	29	74:24	30	Victoria Pearson
31	Sarah O'Driscoll	x	x	4:00	10:51	6:51	29	52:50	41:59	30	78:56	26:06	27	74:56	31	Sarah O'Driscoll
dnf	James Currie	x	x	16:30	22:00	5:30	8	56:15	34:15	9	dnf	dnf	dnf	dnf	dnf	James Currie
dnf	Caroline Slay	x	x	2:00	9:20	7:20	32	52:06	42:46	32	dnf	dnf	dnf	dnf	dnf	Caroline Slay